

Circular KG1 – GR12 No 10 Y 2017-2018
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المدرسة اللبنانية – قطر
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Sunday, September 24, 2017

Dear parents,

The value of extracurricular activities upon students' wellbeing has been validated through many research studies. It is in these vital programs that young people learn lifelong lessons as important as those taught in the classrooms – lessons about leadership, teamwork, communication, and commitment. These activities support the academic mission of our school, are inherently educational, and foster success in later life.

Out of this belief, LSQ partnered with some professional people this year to offer a wider range of activities:

- **Gymnastics:**

The Gymnastics Academy is a well-known academy in Doha that follows the American Gymnastics syllabus. Gymnasts from this academy regularly take part in displays and compete in regional competitions. Professionals will be training our students in the **Multipurpose Hall** every Sunday afterschool. Superb facilities including air tracks, trampolines, and bars will be offered.

For further information about the academy, you can visit their website www.gymacademydoha.com.

- **EasyPeasy Coding:**

EasyPeasy Coding introduces students to the exciting world of coding in an engaging and “hands-on” approach. The objective of this activity is to move our kids from consumers of digital content to creators of it. Mrs. Sabrine Majdalani was trained to give this course to our students. Students of Grades 1-6 can register in this activity. All materials, including the Robot, will be provided by the school.

The total number of sessions for this activity is 10, which sums level 1 of this course. If interested, students will register for level 2 later on.

For further information about the program, you can visit their website www.easypeasycoding.com.

- **Ballet:**

We are glad to launch the Pre-Ballet class and the Ballet class. An experienced instructor, Mrs. Carla Hatem, will be giving the classes every Monday and Wednesday in the **PE Room** of Building A (next to the school cafeteria).

- **Martial Arts – Taekwondo:**

Martial Arts teaches your child discipline and respect while learning how to protect themselves. Coach Bassam will continue to give the class every Tuesday in the **PE Room** of Building A (next to the school cafeteria).

- **Basketball:**
Students will learn the rules of basketball and practice basketball skills with coach Samir every Wednesday in the **Multipurpose Hall**.
- **Football:**
This activity proved to be a success in the past years. Our PE teacher, coach Samir, will be training the students on the school's **football field**. On hot days, he might be using the **Multipurpose Hall** for the safety of our young players. Due to the big number of students who register for this activity, we divided the groups for an effective training: Mondays for Gr./EB 1-2-3 and Tuesdays for Gr./EB 4-5-6.
- **Handball:**
Students of Grades 5 and above will learn various skills, as how to develop tactics and play by the rules, and most importantly how to work together as a team under the supervision of coach Bechir Zmeme in the Multipurpose Hall.

Please find below a table that summarizes the activities:

Activity	Day	Classes	Location	Instructor	Price
Gymnastics	Sunday	KG1 & Up	MH	Gymnastics Academy	1920 QR
Ballet	Monday	KG1 & KG2	PE Room	Carla Hatem	1500 QR
	Wednesday	Primary	PE Room		1500 QR
EasyPeasy Coding	Thursday	Primary	Gr. 4B	Sabrina Majdalani	1500 QR
Martial Arts	Tuesday	Primary	PE Room	Bassam Ibrahim	1500 QR
Football	Monday	Gr./EB1-2-3	Green Field	Samir Ghazwani	1500 QR
	Tuesday	Gr./EB 4-5-6			1500 QR
Basketball	Wednesday	Primary	MH	Samir Ghazwani	1500 QR
Handball	Monday	Gr./EB5 and Up	MH	Bechir Zmeme	1500 QR

All afterschool activities will begin the week of October 1 till Thursday, May 3 with a total of around 25 sessions (except for the EasyPeasy Coding – level 1 will end on December 7 with a total of 10 sessions for this level). It will start at 2:05 p.m. and end at 3:00 p.m. sharp. If interested in any of these activities, please pass by the accounting department at our school to register your child **no later than Thursday, September 28**. **There will be no rescheduling of classes that students miss.**

Note: Buses are not available for students registered in this activity. Parents of registered students must pick up their children from school at 3:00 p.m.